



**Oliver OK Photo Lab Ten K Run**  
 RACE #5 INTERIOR ROAD RACE SERIES 2007  
 And  
**Three K Run**  
 Oliver Community Centre 3600 379th St., Oliver  
 SUNDAY, APRIL 1, 2007 TIME: 10:00 am Start Time



WIN A digital Camera or Entry into the Vancouver Sun Race

PRIZES: 10 K runners only Wine to all finishers over 20 years old  
 Wine from Tinhorn Creek, Gehringer Bros., and Hester Creek wineries  
 Finishers must be at awards ceremony to receive wine and spot prizes  
 3 K runners do not receive prizes this is a personal best fun run only

POST RACE: Refreshments, Showers and Awards (11:45 am 3 K runners / 12:00 pm 10 K runners)  
 Late Registration and Race Packet pick-up at 8:30-9:30 am

Oliver's OK Photo Lab Ten K & 3 K Entry Form Please print clearly

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

BIRTH DATE \_\_\_\_\_ (day) \_\_\_\_\_ (month) \_\_\_\_\_ (year) AGE \_\_\_\_ (at Sept 23/07) MALE \_\_\_\_ FEMALE \_\_\_\_

RUNNING CLUB \_\_\_\_\_ BUSINESS \_\_\_\_\_ SCHOOL \_\_\_\_\_

PLEASE CIRCLE RACE CATEGORY	10 K RUNNERS	3 K RUNNERS
Entry Fee ages 20 and older	\$25.00	\$ 3.00 single entry
Ages 19 and under	\$15.00	or
Family Rate (3K only) staple separate entries together		\$10.00 family rate
BCA# _____ Members deduct \$3.00	\$ _____	N/A
XX Late Fee Add \$5.00(after March 25)	\$ _____	N/A
Entry Fee Enclosed	\$ _____	\$ _____

TEN K / 3K Make cheques payable to Oliver 10K and remit to :  
 Jack Wessel, RR 3, Site 19, C-19,, Oliver, BC V0H 1T0  
 Late Fee applicable to all 10 K entries post marked after March 25

**WAIVER OF RESPONSIBILITY**

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that the course route will cross a road and I assume the risk of running in traffic. I also assume any and all other risks associated with running in this event including but not limited to falls, contact with other participants, the affects of the weather and the conditions of the trail, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge the Interior Road Race Association, the Penticton Pounders Running Club, the Town of Oliver, Oliver Parks and Recreation Society, Race Officials, Volunteers, and any and all sponsors, including their agents, employees, assigns, or anyone acting for or on their behalf, from any and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. The Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

Applications for minors will be accepted only with parental consent.

Signature of entrant: \_\_\_\_\_

Signature of parent/guardian if entrant under 18 \_\_\_\_\_