



***The Kelowna Running Club Presents  
The Kelowna Beach to Beak Race  
The Most Scenic Race of the IRA Series....Don't Miss it!***

Post Race refreshments at the Quails Gate Estate Winery overlooking Okanagan Lake!

Souvenir Finisher Goblet to first 100 registered

Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in each age group!

Awesome draw prizes and a magnificent setting makes for the best race of the year!

**When:** 9:00 AM, Sunday, September 23/07.

**Place:** Gyro Beach on Lakeshore. (course change due to bridge construction)  
Baggage shuttle from start line to finishing area at Quail's Gate Winery.

**The course:** 14K with 30% trail.

**Race Finish:** Quail's Gate Estate Winery – Limited parking in designated areas only. .  
**\*\*\*\*\*NO PARKING PERMITTED IN THE WINERY PARKING LOT\*\*\*\*\***  
Marshalls will be directing traffic.

**Our Proud Sponsors**



Come for the extraordinary wines.  
Stay for the wonderful food and view.

The IRRA Sponsors are



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- **Race Package pick up & last day of registration at Fresh Air, Saturday, Sept. 22/07 1:00 – 5:00 pm.**
- **No “Day of Race” Registrations will be possible.**
- **No Refunds**
- **Commemorative Wine goblets for first 100 registrants**
- **On-line entry at [www.eventsonline.ca](http://www.eventsonline.ca).**

**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_  
**City** \_\_\_\_\_ **Prov** \_\_\_\_\_ **Birth Date** \_\_\_\_\_ **Male / Female**  
 (MM / DD / YY)  
**Age on Sept 23/07** \_\_\_\_\_ **phone** \_\_\_\_\_  
**Race entry fee \$25.00** \$ 25.00  
**Less \$5.00 if you are a Kelowna Running Club Member** \$ \_\_\_\_\_  
**Less \$3.00 if you are a BC Athletics member.** \$ \_\_\_\_\_  
**BC Athletics number** \_\_\_\_\_  
**Add \$5.00 if registering on September 22 at Fresh Air** \$ \_\_\_\_\_  
**TOTAL:** \$ \_\_\_\_\_

**Send completed entry form with signed waiver and cheque payable to Kelowna Running Club to:**  
**Ron Lait** – OR – **Entries may be dropped off at Fresh Air Experience**  
**867 Liban Court** **in the Cooper Centre**  
**Kelowna, BC**  
**V1Y 8B6**

**Waiver**  
 In consideration of accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims, for damages of any sort that I may have against the organizers of the Peak to Beak Race, their agents, representatives, sponsors, successors for any and all injuries suffered by me in the Peak to Beak Race, for damages sustained by me as a result of the race for any cause whatsoever, including negligence.

Signature of competitor (or guardian if under 19 years of age) :

Date signed: