



# BLACKWELL DAIRY

## 15km Road Race & 3km Fun Run



### When

Sunday, May 27, 2007  
Cow bell rings at 9:00 am  
Sharp for 15 km Race, and  
9:15 am for the 3 km Run.

### Where

R.L Clementson Elementary School  
5990 Todd Rd. (Barnhartvale) Kamloops

15 km Road Race through scenic areas surrounding the Blackwell Farm. The 3 km Run follows the 1<sup>st</sup> portion of the 15 km route.

### Post Race

Beverages, ice cream, our legendary pancake breakfast and more are free to all participants. Extra breakfasts are available for \$5.00. Runners must be present to be eligible for draw prizes. Results and awards will follow draw prizes.

### Series Sponsors

We appreciate the assistance provided by the Series sponsors: Canadian Tire, New Balance, BC Athletics and BC Road Running.

### Race Contributors

We would like to thank our Title sponsors Blackwell Dairy, and Kamloops Catering. Couldn't do it without you! Also a big thanks to all the businesses that contributed prizes. And the biggest Thank You is for all our volunteers, and the residents of Barnhartvale.

### Registration and Bib Pick-Up

Bibs and maps may be picked up at Canadian Tire - Aberdeen (1441 Hillside Drive) on Saturday, May 26, 2007 between 1 pm and 4 pm and on race day at the start/finish area before 8:30 am.

### DAY OF RACE REGISTRATION

**CUTOFF IS 8:30 AM ---- NO**

**EXCEPTIONS.**

**PLEASE COME EARLY!**

**NB: \$5.00 Extra Charge on race day.**

### To Enter

Complete the entry form on the right and mail with required fee to:  
Kamloops Ridge Runners  
PO Box 958  
Kamloops, BC V2C 6H1

Entries must be post-marked Tuesday, May 24, 2006, to guarantee breakfast. Make cheque payable to the Kamloops Ridge Runners

### For More Information

Visit [www.ridgerunners.bc.ca](http://www.ridgerunners.bc.ca)  
OR call Rick Cameron, Race Director.  
(250) 851-8605 or [rlcameron@shaw.ca](mailto:rlcameron@shaw.ca)

### Blackwell Dairy T Shirts

A limited amount of short Sleeve T Shirts will be available at preregistration and on race day.

### BLACKWELL DAIRY ENTRY FORM

Which Course?  15 km Road Race  3 km Fun Run\*  
(\*Children under 8 must be accompanied by an adult)

Sex  Male  Female

Birthdate (MM/DD/YY): \_\_\_\_\_ Age as of Sept 23/07: \_\_\_\_\_

\_\_\_\_\_  
Last Name First Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City Province Postal Code

\_\_\_\_\_  
Phone Number BC Athletics Number

WAIVER: In accepting my entry for this race, I understand that the Organizers, BC Athletics and its divisions and/or Municipal Agencies/Sponsors shall not be liable for injury or loss to the athlete howsoever caused, whether through the negligence or willful conduct of the officers, directors, employees, agents or appointees of the association(s) and its divisions whether such loss or injury occurs while travelling to or from the event or while staying at or participating in the programs or activities of the event. I have read this waiver and fully understand its comments. The association has provided the opportunity to explain this to me.

\_\_\_\_\_  
Signature of Athlete (or parent if under 19 years) Date (MM/DD/YY)

<b>15 km Road Race</b>		<b>3 km Fun Run</b>	
Base (early entry)	\$20*	Base (early entry)	\$12*
Non BC Athletics Mbr		Non BC Athletics Mbr	
Add \$3.00-	_____	Add \$3.00-	_____
Day of Race Fee	_____	Day of Race Fee	_____
(add \$5)	_____	(add \$5)	_____
TOTAL	\$ _____	TOTAL	\$ _____

Short Sleeve t shirts will be available at pre registration and race day

Make cheque payable to: Kamloops Ridge Runners  
PO Box 958 Kamloops, BC V2C 6H1

OFFICIAL USE ONLY	
_____	_____
#	Category